## OBITUARY - STEVEN ALLAN LONG

Listed below are some more classic approaches to obituaries. Started on 5/25/25, here's a little different approach:

Steve Long recently died and here's some prose he wrote...

May a smile cross your face When you hear that I've passed From this mortal phase to the next With energy renewed And purpose quite clear Please carry on legacy positives unperplexed

Lest you be perplexed about some of those legacy positive possibilities...

- Make a suitable number of mistakes! (you can't learn if you don't try)
- Examine & Share Life Choices (try out an approach like Binder of a Lifetime more at www.longmemories.info/BINDER-OF-A-LIFETIME HERE)
- Share & Live Out the 4 principles of *The Four Things That Matter Most* with all loved ones (more at http://www.stevelong.longmemories.info/the-four-things-that-matter-most-by-ira-byock/ HERE)
- Lean Into Lovingkindness (more at https://christianplaybook.longmemories.info/loving-kindness-meditation/ HERE)
- Sing/hum/whistle a song, even if it is off-key! it'll brighten your day
- Don't take yourself so seriously push the ego away! (learned later in life!)
- Smile & Wave Peace can begin there (thanks Mother Teresa (& Love Actually  $\mathfrak{S}$ ))
- Find time for you you're only good for others if you're in good shape yourself
- Splurge sometimes, especially for experiences! (can be with time, dollars, attention, ...)
- Make a difference get proximate, inconvenience and uncomfortable (thanks Bryan Stevenson!)

May your life be filled with spirit, wonder, love, joy, song and much, much more!

## Steve

P.S. Steve hopes that Family Man, Faithful Friend, Schemer/Dreamer, Songster, Purposeful, Reflective and Connector are appropriate epitaph listing items.

P.S.S. Many more thoughts are in "the one-pager future generations just might read" on his <a href="http://www.stevelong.longmemories.info">http://www.stevelong.longmemories.info</a> website <a href="https://www.stevelong.longmemories.info">HERE</a>.

## Obituary – shorter version should you choose to do something for the newspaper Steven Allan Long - loving husband of Kimberly (nee Wiley), and dad of Cliff and Sam - died in {Cincinnati or

??} after \_\_\_\_ years of a fulfilling life. Partnering with Kim led to many blessings, with life enhancement due to her supportive approach to his life-long journey on work/life balance and early repurposement. Steve was known to say that he would wear out his body, and he hopes that's true. He is survived by his wife, sons, daughter-in-law plus many other loving relatives and friends. Steve thanks everyone for their involvement in his life. His parting encouragement includes: 1) keep "making a suitable number of mistakes"; 2) spend time examining and summarizing life choices using an approach like Binder of a Lifetime (www.longmemories.info/BINDER-OF-A-LIFETIME) while sharing peace-enhancing approaches with those you love; 3) share and live out the 4 principles of *The Four Things That Matter Most* with all loved ones. Many more thoughts are in "the one-pager future generations just might read" on his <a href="http://www.stevelong.longmemories.info">http://www.stevelong.longmemories.info</a> website <a href="https://www.stevelong.longmemories.info">HERE</a>. A more extensive obituary can be found here: \_\_\_\_\_\_\_ should you wish to read more!

## Obituary – longer version as a summary of my life, possibly on funeral home site?

Steven Allan Long, loving husband of Kimberly (nee Wiley), dad of Clifford Andrew and Samuel Allan, died in {Cincinnati or ??} after \_\_\_\_ years of a fulfilling life. Steve was known to say that he would wear out his body, and he hopes that's true. He is survived by his wife and sons plus many other loving relatives and friends.

Born to Clifford Allan and Patricia Marilyn (nee Cline) Long in Champaign, IL, Steve grew up in Bowling Green, Ohio through early adulthood. He was appreciative of the parenting style his folks took, with intentions of following similar approaches. He was known to have said that growing up on 1005 Gustin in the Bowling Green community was about as idyllic an experience as a young person could imagine. He owes so much to his parents and siblings.

Partnering with Kim has been a blessing in countless ways. They raised their kids together, enjoying/supporting the boys' activities along the way (and now appreciating times with them as adult kids.) Opportunities to travel domestically and internationally with family and friends has led to insights galore as individuals and as a couple. Steve was blessed with Kim's incredibly supportive approach to work-life balance decisions and with the repurposing journey.

Steve shared his Christian faith in a variety of ways. At Mt. Washington Presbyterian Church (MWPC) in Cincinnati he was a member of Session and Deacon boards; chair of the Christian Education committee; teacher of elementary, HS and adult classes; led and/or participated in mission efforts in Appalachia, Mississippi, Guatemala, Haiti and Togo; sang with various groups including chancel choir, men's quartet and Chapel Folk; jail ministry team leader; began and participated in monthly StoryPoint/New England Club (senior living facility) worship activities; co-director (with Kim) of Super Wednesday mid-week children's ministry plus Dinner Dean time. Spurred by such church experiences, since 2008 he has been updating the website ChristianPlaybook.com (and blogging from that Disciple/Christian Playbook website.)

Family was important to Steve - he is extremely proud of his wife and boys. He valued the blessings that his Cline, Long and Wiley family roots provided and hopes that next generations (kids, nieces, nephews and other family members) have received some of that same influence through gatherings he participated in such as family reunions, holiday gatherings and Double Digit Days.

Professionally his loves included mentoring colleagues, teaching co-workers, learning new research techniques and gaining managerial and business abilities. He worked at "climbing the corporate ladder" and then realized the folly of this for him. Thereafter, Steve worked as an independent research consultant, starting Long Research Associates at the age of 40. He began "partially retiring" in 2007, reducing his billable hours to spend more time in charitable, church, community and other fulfilling endeavors. Steve has been blessed to have a wife like Kim who understands the value of this type of work/life balance for him. Steve officially retired from billable marketing research efforts in 2014 and has been repurposed in volunteer activities plus becoming a "memory missionary" after establishing Long Memories, LLC with his family.

Giving back to the community is something Steve's parents always did, and he learned this and so many other lessons from them. Steve has been a youth baseball, soccer and softball coach for teams involving his boys. When unemployment levels reached extremely high levels in 2008/2009, Steve co-founded Job Search Learning Labs (JSLL) to help those in job transition improve skills and network more effectively. The JSLL leadership team continued that weekly effort for 3 years – truly a blessing to be amidst so many talented people while in their journey looking for work.

No doubt inspired by his mom's example, Steve felt called to help "old people." :-) Specifically, Anderson Township Senior Center was a recipient of his time over the years. Using educational and organizational experiences, he was a volunteer instructor at the Computer Learning Center from 1999 – 2013 while also

starting the Computer Club in 2008. He chaired the Anderson Township Senior Center Advisory Council soon after it began and enjoyed many activities with that team since its creation in 2017.

Along with his friend and mentor, Lee Davis, Steve developed a program called Purposes4Life. This was a combination of lessons learned by Steve and Lee plus a composite of writings by many wonderful guides. They taught this course several times, and it became the foundation of Steve's "Arboromics" program for businesses.

Physical activity has been a lifelong love – from peewee baseball, "BG Bikers" and ping-pong in his early years; tennis in high school and adulthood plus softball from late teens into his mid-60s (including time playing with both boys in the "Long outfield.") Outdoors time became increasingly important, with fulfilling experiences spent kayabiking in nature with friends and family.

Music was an important outlet for Steve. While not always happy with his parents when they required him to take piano lessons (or encouraged him as a young teen to take an adult continuing education class on guitar,) he now is thankful for their persistence in fostering his musical interest. Making music with Chapel Folk is one of the best things that could have happened for Steve, and those weekly "therapy" gatherings have continued since 1999 (what a blessing to lose oneself for a couple hours each week in the midst of friends and music-making!) Joyful Noise Boys efforts started in 2010 and have been a wonderful way to spread joy, music and love of God to folks in the SE Cincinnati region; expanding in 2023 to add Joyful Noise Crew efforts (going beyond "the boys," to all gender identities.) Steve also felt the call to periodically write new songs that had particular meaning in life (sometimes also writing new lyrics to existing songs to make them more relevant to specific situations.)

Steve thanks everyone for their involvement in his life. His parting encouragement includes: 1) keep "making a suitable number of mistakes"; 2) spend time examining and summarizing life choices using an approach like Binder of a Lifetime (www.longmemories.info/BINDER-OF-A-LIFETIME) while sharing peace-enhancing approaches with those you love; 3) share and live out the 4 principles of *The Four Things That Matter Most* with all loved ones. Many more thoughts are in "the one-pager future generations just might read" on his http://www.stevelong.longmemories.info website HERE.

Memorials can be made to Hospice of Cincinnati, Compassion & Choice or other charity of the giver's choosing.



 $\hbox{C:$Long Memories} \\ \hbox{SPECIFIC PROJECTS\_NOT YET ARCHIVED} \\ \hbox{8643 Manitoba\_Long Family} \\ \hbox{Steve's Binder of a Lifetime} \\ \hbox{AT THE END\_STEVE LONG\_FUNERAL PLANS\_DEATH EMAIL} \\ \hbox{C:$Long Memories} \\ \hbox{Cong} \\ \hbox$ 

Steven Allan Long\_good obituary shot from 2010.jpg (above)