

Kayabiking packing list/thoughts for participants

I have 2 kayaks and 2 bikes plus the kayaking gear (personal floatation device, paddle). The bikes are aging but functional (I mention that because if you have a bike you'd rather ride, we can sub that in.) Most of our riding will be on the bike trail, but there may be a little road riding - I ordinarily don't wear a bike helmet, but will gladly bring one along if you'd like to wear one. Please let me know if you'd like one along.

I'll have a waterproof bag, so we can put anything of value in it. My plans are to have a cellphone and camera with me, so you don't need to bring those unless you might require one (and I somehow forget mine ... it's been known to happen.)

Key items to bring:

- Cheap sunglasses (NOTE: if you wear expensive or prescription sunglasses, bring string, strap or something to secure them – see ***)
- Cheap hat to keep you cooler, eyes shaded and less sun
- Water shoes/Texas or tennis shoes that you don't mind getting wet (though we're not PLANNING to get too wet, the kayak will likely get some water in it if we're lucky with the rapids!)
- Swimsuit or shorts that dry pretty quickly***
- Shirt that will dry relatively quickly***
- Light jacket (windbreaker), if temps look to be cooler
- Sunscreen, especially if you want something more powerful than SPF30 (that's usually in with my stuff)

Feel free to call me at 225-2335 with any questions about things to bring or not bring. It should be great fun and fellowship!

Steve

**** We're not PLANNING to dump into the water, but the river doesn't always follow our plans! :-)*